

GROWING YOUNG MOVERS

IN SERVICE SPORTS CAMP FOR GRADES K - 4

LOOKING FOR A FUN-FILLED PLACE TO SEND YOUR KIDS ON TEACHER IN-SERVICE DAYS? LINDSBORG PARKS AND RECREATION HAS DESIGNED A QUALITY FITNESS PROGRAM TO ENCOURAGE



HEALTHY RECREATIONAL PLAY ON THE DAYS YOUR CHILDREN AREN'T IN SCHOOL. THIS ALTERNATIVE SCHEDULE ENHANCES LEARNING IN AREAS OF MOTOR SKILLS AND THE IMPORTANCE OF MAKING HEALTHY LIFE CHOICES.

***LOOKING FOR MATURE JUNIOR LEADERS AGES 13-18 WITH A DESIRE TO WORK WITH ELEMENTARY AGED

CHILDREN AND THE ABILITY TO LEAD WITH ENTHUSIASM. ***APPLY AT LPR***

Where: Soderstrom Elementary School Gym

NEW Time: 8:00 am - 12:00

NEW Price: \$8 per child, per day. BRING YOUR OWN LUNCH

Check dates that apply September 2 - **\$8** October 6 - **\$8** October 17 - **\$8**

SPONSORED BY LINDSBORG PARKS AND RECREATION AND HOSTED BY RAEANNA MCMANNIS AND KATE ELLIOTT.

8:00 - 8:15	8:15 - 9:15	9:15 - 9:30	9:30 - 10:00	10:20 - 10:45	10:45 - 11:15	11:15 - 12:00	12:00
Parent Drop off SIGN IN	Dynamic Warm-up, plyometric s, and silly games	Water Break and short Recess	Nutrition Lesson	Sport Skill	Lunch and Recess	Sports Competition	Parent Pick Up SIGN OUT

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NAME: _____ GRADE: _____

NAME: _____ GRADE: _____

NAME: _____ GRADE: _____

EMERGENCY CONTACT NAME:

_____ NUMBER: _____

ANY MEDICAL

CONDITIONS: _____

UPCOMING GYM EVENTS!

November 3

December 19

January 19

February 19, 20, 27

March 2

SPRING BREAK CAMP March 16-20

April 7

May 4

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