



SPOTLIGHT ARTICLE
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For Immediate Release
Contact: Carla Wilson
(888) 227-2227
Lindsborg CVB

Introducing.... Guides for Bus Tour Groups

LINDSBORG, KANSAS - 05/15/2012 - Vol-un-teeer (noun) 1. a person who voluntarily offers himself or herself for a service or undertaking. Lindsborg could not be a thriving community without its many dedicated and committed volunteers. The Convention & Visitors Bureau would like to introduce our volunteer guides for Bus Tour Groups: three extraordinary people.

Second generation Swedish American **Duane "Doc" Fredrickson** is a retired family physician who practiced medicine in Lindsborg for 40 years. Swedish customs of *Julotta* Christmas dinners, *Smörgåsbords* and Midsummer's Festival activities were followed in his upbringing and are continued here in Lindsborg.

Since retirement, Fredrickson has been involved in many notable volunteer happenings of the Smoky Valley. Singing in all manner of choruses and choirs, serving with community associations, helping with various park maintenance and dancing with the Lindsborg Folkdanslag are just a few activities Fredrickson is involved in on a daily basis. His volunteer activities are too innumerable to actually list!



"Doc" Dancing

Shelly Carlson is glad she married a full-fledge Swede. She is a *Svenska flicka*, a Swedish girl that

loves living near a community that celebrates its Swedish heritage. Getting to lead tours lets her introduce others to the things she cherishes here in Lindsborg--art, music, history and all things Swedish!
Carlson and her husband Calvin live and farm/ranch southeast of Lindsborg. Her family consists of three grown children with two grandchildren. Their favorite family tradition is to get up and go to *Julotta* at 6:00am on Christmas morning and sing *Lyssna, Lyssna*. She will tell you all about it if you ask!



Carlson on the Farm

Carlson actively volunteers in the community and in the Evangelical Covenant Church of Lindsborg. Often she can be found producing artwork, playing the cello, writing and speaking about Swedish pioneer life on the prairie. Carlson says, "Life is good and it's even better if you're a Swede...and you can be a Swede for a day when you visit Lindsborg!"

In Lindsborg, we say if you are not Swedish by blood then you become Swedish by contamination. **Lisa Christopher** has been "Swedish" for 40 years thanks to her husband Jim who, until she came along, had a 100% Swedish family lineage.

Born and raised in California, she loves acting and directing. Christopher has participated in Lindsborg's community theatre Broadway RFD since 1978 and also directs

plays and musicals at Smoky Valley High School. She has toured Sweden five times in the past 20 years as the Dance Director for the Lindsborg Folk Dancers and serves as a sponsor for the senior high youth group at the Evangelical Covenant Church. Everything she does seems to involve teens. They keep her young and sassy! Christopher loves to laugh, travel, draw, sing, scrapbook, swim, dance, downhill ski, write, partake in a couples small group bible study, get down and get silly with her kids and grandkids and most of all spend time with her best friend and husband, Jim.



Christopher with a SVHS Cast



For event and travel information, call or stop by the Convention and Visitors Bureau located at 104 E. Lincoln, Lindsborg, Kansas 67456. Ph: (785) 227-TOUR (8687) or Toll free: (888) 227-2227. E: cvbdir@lindsborgcity.org. W: www.visitlindsborg.com.

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